

SPECIAL NEEDS



The City of Lake Forest in conjunction with Us Too Gymnastics is excited to be able to offer recreation programs for children with special needs.

Us Too Gymnastics for Kids with Special Needs

Our Gymnastics class is specifically designed for children and teens with special needs (Autism, Down Syndrome, etc.) your child will learn basic gymnastics, while working on social behaviors and talking turns, but most of all they will have fun. The ratio for our class is 3-5 students with 2 instructors. Call to set up a free trial and get your child signed up. Make sure to mention the city to get our special price for Lake Forest residents. This class also includes **free open play** for anyone signed up in our gymnastics program. Open play is every Thursday from 1-2pm. Enrollment allows for four 45-minute classes, please call to set up individual dates and times.

Instructors: Us Too Center Staff

Fee: \$75 per month – Resident
\$80 per month – Non-Resident

Location: Us Too Gymnastics (25 Spectrum Pointe Dr #405)

To Register: Mail In, Walk-In. On-line registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

Act#: 3732 3-19 yrs On-going Mon-Sat varies

What Is "TOPSoccer"?



TOPSoccer, The Outreach Program for Soccer, is a community-based soccer program for young athletes with physical and mental disabilities.

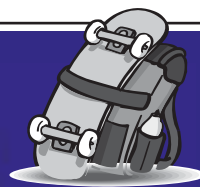
- ⚽ TOPSoccer provides a safe and fun environment for athletes with special needs to participate in organized sports.
- ⚽ Athletes between ages 4 and 30 compete in the program, which emphasizes development, training, and meaningful participation rather than competition. It's ALL about FUN!
- ⚽ Thousands of young athletes with disabilities become valued and successful members of Cal South.
- ⚽ TOPSoccer is currently being offered by Laguna Niguel Youth Soccer Association.

For more info, please contact:

Rick Trevers: Laguna Niguel Youth Soccer Association
Rick.Trevers@LNYSO.org

Sandy Castillo: scastillo@calsouth.com or visit calsouth.com/topsoccer

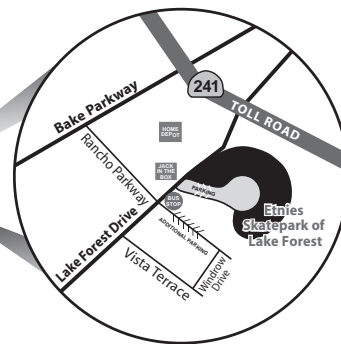
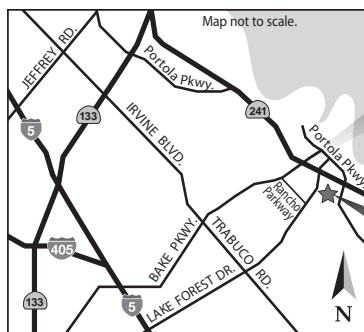
ETNIES SKATEPARK OF LAKE FOREST



Voted "Best Skatepark 2013" – *Best of OCRegister*
" #1 Family Friendly Reader's Choice 2013"
Award from *ParentingOC Magazine*



Etnies Skatepark
of Lake Forest
20028 Lake Forest Drive
Lake Forest, CA 92630



Come visit Lake Forest's own award winning, world class skateboard facility. At over 62,000 square feet, the Skatepark is a destination spot for skateboarders around the world. The Park is open to the public 7 days a week, including most holidays.

Park Entry Fee: Free to ride. Non Residents of Lake Forest must pay a nominal fee of \$5 for the printing of their ID card. Sessions are still free thanks to the City of Lake Forest.

Location: 20028 Lake Forest Dr.

Phone: 916-5870

In the case of inclement weather, please call ahead to see if the Park is open.

Make sure to visit the Skatepark on the web at www.EtniesSkatepark.com. Also follow us on Facebook and Twitter for up-to-date news and weather conditions. The website features interactive tours of the park, links to the Skatepark Twitter and Facebook, photos and videos of recent events, and a collection of history and information about the Skatepark. It is updated weekly with new content so stop by and check it out!

Skate Sessions

Monday-Thursday...	11 am-9 pm
Friday.....	11 am-10 pm
Saturday.....	10 am-10 pm
Sunday.....	10 am-9 pm

The Park will be closed on Thursday, November 28 for the Thanksgiving Holiday.

2013 Fall Classic Skate Contest Series

The Fall Classic Contest Series is going on its 10th year and this year promises to be the best yet. The Hallow's Eve Bowl Bash is a crowd favorite and great for skaters as well as spectators. It is the premiere bowl contest held at the Skatepark. The Fall Classic Street Contest is our annual street contest with a new obstacle this year. Details will be available closer to the date of each contest at the Skatepark office or check EtniesSkatepark.com for more information. **Registration will take place the morning of the Skate Street Contest at the park beginning at 9:00 am (2:00 pm for Bowl Event).**

Fee: \$20 day of entry fee per event – includes a contest t shirt

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

For more info call: The Skatepark at 916-5870

All Ages	Hallow's Eve Bowl Jam	Oct 26	Sat	3:00-10:00 pm
All Ages	Skate Street Contest	Nov 16	Sat	10:00 am-6:00 pm

Vendors wishing to have a booth at any event or for sponsorship opportunities, please email Ngates@lakeforestca.gov or call 916-5870.

Live Music Showcase

The Etnies Skatepark of Lake Forest is proud to be the only all-ages venue for live music in South Orange County. Skate or enjoy the tunes in a safe environment. Bands like JFA, The Stitches, Dubluva, and many others have donated their time and energy to help raise money to keep our park free to ride. Support your local Skatepark and enjoy a night of great tunes! Do you have a band interested in playing at the park? Drop off a demo CD at the Skatepark office with your contact information and we will review it for a future show!

Fee: \$5 entry fee per person

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

For more info and specific bands playing, call: The Skatepark at 916-5870

All Ages	Sep 6	Fri	6:00-10:00 pm
All Ages	Oct 4	Fri	6:00-10:00 pm



Labor Day Weekend Skatepark Campout

Come celebrate the end of summer with the Annual Labor Day Weekend Skatepark Campout. This event is for all ages and will be supervised. Skateboard, camp, and watch movies. Snacks and breakfast will be served for the campers. You'll need to bring a sleeping bag, even though you most likely will skate all night! Midnight madness contest as well as many other fun activities will be held during the evening. The gates will be locked at 10:00 pm and campers will not be permitted to leave until 9:00 am the following morning.

Fee: \$30 per person

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

To Register: Sign up at the Skatepark night of the event only!

For more info call: The Skatepark at 916-5870

All Ages	Aug 30/31	Fri/Sat	10:00 pm Fri-9:00 am Sat
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Etnies Fall Skate Camp

Choose this Fall break to spend a week at one of the best skate camps around! We have been running camps since 2003 and have worked to make it an experience to remember. Specific clinics covered during camp lesson times include the basics of ollies, how to kick flip, how to grind, bowl riding, and skating transitions. All camp activities will be held by experienced Skatepark staff who have a proven successful track record in improving skateboard skills. Hone your skills on a variety of the best Skatepark terrain around, including the skull bowl, the flow bowl, two large flow courses, Orange County's only cradle, and world class street areas. Each participant will receive an official Etnies Skatepark of Lake Forest t-shirt and a lunch/drink each day. Our staff barbeques lunch for all campers on a daily basis. All proceeds go directly to keeping the park free.

Fee: \$99 per person

Limited to 10 per session.

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The Skatepark at 916-5870

Act#: 3699 6-17 yrs Nov 25-27 Mon- Wed 10:00 am-2:00 pm



Beginning Skateboard Lessons

Have you wanted to start skateboarding but don't know where to begin? Ever wanted to experience the rush of a skateboard, but lack the courage and the know how? This is the class for you. Designed for all ages, these lessons can help develop the skills needed to succeed on your skateboard. Skills practiced during this class are pushing correctly, balance, turning, rolling down banks, learning how to Ollie, and the most important topic, safety in the skateboard park. Full protective gear consisting of a helmet, elbow pads, and knee pads is required. A skateboard purchased from a skateboard shop is highly recommended. A quality board turns better, rolls better, and is much safer to use. This is the most economical skateboard class offered in Orange County. The class maximum is 10 participants to 1 Teacher. If you desire more one on one time in lessons, we would suggest signing up for private lessons.

Instructor: Skatepark Staff

Fee: \$65 – 4 week session

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 3675	6 yrs and up	Sep 3-24	Tue	4:00-5:00 pm
Act#: 3676	6 yrs and up	Oct 1-22	Tue	4:00-5:00 pm
Act#: 3677	6 yrs and up	Nov 5-26	Tue	4:00-5:00 pm
Act#: 3678	6 yrs and up	Sep 7-28	Sat	9:00-10:00 am
Act#: 3679	6 yrs and up	Oct 5-26	Sat	9:00-10:00 am
Act#: 3680	6 yrs and up	Nov 2-23	Sat	9:00-10:00 am

Intermediate Skateboard Lessons

Did you start in the beginning skate board lessons and have graduated with the basic skills? Now it is time to move up to the intermediate lessons. This class is designed for riders who know some basics but desire to improve. Skills covered in this class are the art of Ollies, ledges, pools, vert, overall park usage and even help with contest skating. This is a fundamental class which can help those wanting to improve and hone their skills. Full protective gear consisting of a helmet, elbow pads, and knee pads is required.

Instructor: Skatepark Staff

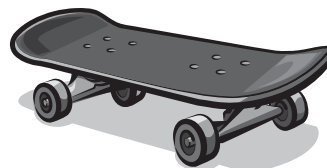
Fee: \$65 – 4 week session

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 3681	6 yrs and up	Sep 3-24	Tue	5:00-6:00 pm
Act#: 3682	6 yrs and up	Oct 1-22	Tue	5:00-6:00 pm
Act#: 3683	6 yrs and up	Nov 5-26	Tue	5:00-6:00 pm
Act#: 3684	6 yrs and up	Sep 7-28	Sat	10:00-11:00 am
Act#: 3685	6 yrs and up	Oct 5-26	Sat	10:00-11:00 am
Act#: 3686	6 yrs and up	Nov 2-23	Sat	10:00-11:00 am

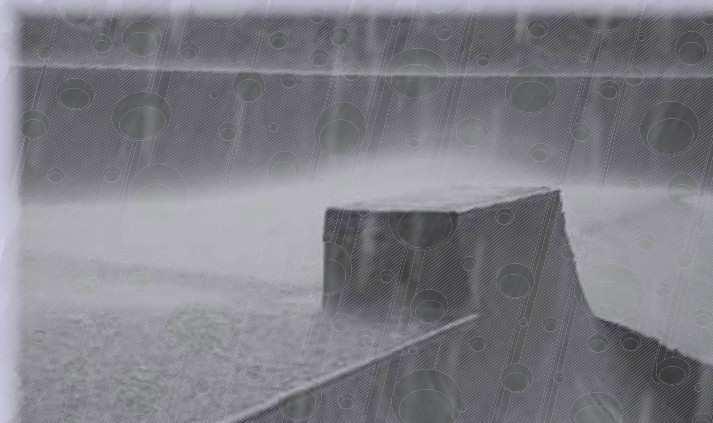


Skateboarding Lesson and Camp Inclement Weather Policy

If a class is cancelled by the City of Lake Forest due to weather or other facility related circumstances, a make up session will be held on the last day of class. The lesson will last for 2 hours. If the last day of class is cancelled due to weather or other circumstances, a make up class will be scheduled for the participants on the next available date.

Missed Class Policy

Classes cannot be made up if they are missed by the participant.



Private Skateboard Lessons



SEPTEMBER

Act#: 3687	Sep-A	6 yrs and up	Sep 5	Thu	3:00 pm
Act#: 3687	Sep-B	6 yrs and up	Sep 5	Thu	4:00 pm
Act#: 3687	Sep-C	6 yrs and up	Sep 5	Thu	5:00 pm
Act#: 3687	Sep-D	6 yrs and up	Sep 5	Thu	6:00 pm
Act#: 3687	Sep-E	6 yrs and up	Sep 12	Thu	3:00 pm
Act#: 3687	Sep-F	6 yrs and up	Sep 12	Thu	4:00 pm
Act#: 3687	Sep-G	6 yrs and up	Sep 12	Thu	5:00 pm
Act#: 3687	Sep-H	6 yrs and up	Sep 12	Thu	6:00 pm
Act#: 3687	Sep-I	6 yrs and up	Sep 19	Thu	3:00 pm
Act#: 3687	Sep-J	6 yrs and up	Sep 19	Thu	4:00 pm
Act#: 3687	Sep-K	6 yrs and up	Sep 19	Thu	5:00 pm
Act#: 3687	Sep-L	6 yrs and up	Sep 19	Thu	6:00 pm
Act#: 3687	Sep-M	6 yrs and up	Sep 26	Thu	3:00 pm
Act#: 3687	Sep-N	6 yrs and up	Sep 26	Thu	4:00 pm
Act#: 3687	Sep-O	6 yrs and up	Sep 26	Thu	5:00 pm
Act#: 3687	Sep-P	6 yrs and up	Sep 26	Thu	6:00 pm

Fall Registration Dates:

Tuesday, August 13 (Lake Forest Residents)

Tuesday, August 20 (Non-Residents)

One-on-one instruction from the basics to advanced techniques. Private lessons offer the most attention to detail for each participant and are offered at an affordable price. Lessons are taught by experienced staff that specializes in teaching lessons catered to each individual. Whatever you may want to learn, we have some of the best teachers around as well as the best Skatepark around to meet all of your learning needs.

Instructor: Skatepark Staff

Fee: \$40 – per forty five minute session. Sign up for a month of classes at \$140 per 4-lesson package (a \$160 value). Choose the time that works best with your busy schedules.

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr.)

To Register: Mail-In, Walk-In. Online registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

OCTOBER

(No Class Thursday, October 31)

Act#: 3687	Oct-A	6 yrs and up	Oct 3	Thu	3:00 pm
Act#: 3687	Oct -B	6 yrs and up	Oct 3	Thu	4:00 pm
Act#: 3687	Oct -C	6 yrs and up	Oct 3	Thu	5:00 pm
Act#: 3687	Oct -D	6 yrs and up	Oct 3	Thu	6:00 pm
Act#: 3687	Oct -E	6 yrs and up	Oct 10	Thu	3:00 pm
Act#: 3687	Oct -F	6 yrs and up	Oct 10	Thu	4:00 pm
Act#: 3687	Oct-G	6 yrs and up	Oct 10	Thu	5:00 pm
Act#: 3687	Oct-H	6 yrs and up	Oct 10	Thu	6:00 pm
Act#: 3687	Oct-I	6 yrs and up	Oct 17	Thu	3:00 pm
Act#: 3687	Oct-J	6 yrs and up	Oct 17	Thu	4:00 pm
Act#: 3687	Oct-K	6 yrs and up	Oct 17	Thu	5:00 pm
Act#: 3687	Oct-L	6 yrs and up	Oct 17	Thu	6:00 pm
Act#: 3687	Oct-M	6 yrs and up	Oct 24	Thu	3:00 pm
Act#: 3687	Oct-N	6 yrs and up	Oct 24	Thu	4:00 pm
Act#: 3687	Oct-O	6 yrs and up	Oct 24	Thu	5:00 pm
Act#: 3687	Oct-P	6 yrs and up	Oct 24	Thu	6:00 pm

NOVEMBER

(No Class Thursday, November 28)

Act#: 3687	Nov-A	6 yrs and up	Nov 7	Thu	3:00 pm
Act#: 3687	Nov-B	6 yrs and up	Nov 7	Thu	4:00 pm
Act#: 3687	Nov-C	6 yrs and up	Nov 7	Thu	5:00 pm
Act#: 3687	Nov-D	6 yrs and up	Nov 7	Thu	6:00 pm
Act#: 3687	Nov-E	6 yrs and up	Nov 14	Thu	3:00 pm
Act#: 3687	Nov-F	6 yrs and up	Nov 14	Thu	4:00 pm
Act#: 3687	Nov-G	6 yrs and up	Nov 14	Thu	5:00 pm
Act#: 3687	Nov-H	6 yrs and up	Nov 14	Thu	6:00 pm
Act#: 3687	Nov-I	6 yrs and up	Nov 21	Thu	3:00 pm
Act#: 3687	Nov-J	6 yrs and up	Nov 21	Thu	4:00 pm
Act#: 3687	Nov-K	6 yrs and up	Nov 21	Thu	5:00 pm
Act#: 3687	Nov-L	6 yrs and up	Nov 21	Thu	6:00 pm